Understanding Gender Roles and Beliefs
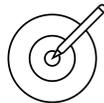
40 min

Non-Academic   **Critical Thinking: Gender**   **Difficulty Level: Medium**

Objective:

- To teach students to be aware of their hidden biases in our extremely gendered world.
- To encourage students to critically think about their personal lives and the implications for gender attitudes they develop.

What You Need:

- Laptop
- Projector and screen (optional)

Process:

- Make the students sit in a group, in comfortable positions such that they are easily able to watch the laptop screen or the projected screen.
- Build context for the video that you are going to show for understanding gender roles and beliefs. Ask them whether they think they are gender biased. If their answer is no, probe into why they think so.
- Make sure to let them know it is a safe space to talk about anything that they would like regarding the topic and that no one would judge or make fun of anything that is expressed in this space.
- Play the video for them and make sure they watch it without any distraction.

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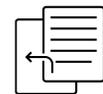Non-Academic   Critical Thinking: Gender   Difficulty Level: Medium

Process:

- After the video has ended, ask them to write down the things that struck out to them. This is to be done individually in silence. Give them about 5-7 minutes for it.
- Ask students to share their feelings about what they watched - whether it feels familiar or not; who do they think is at fault here or if it's no one; if they have been in a situation like this and how did they react; if they feel angry and guilty and if yes why is that; describe the tasks of their parents and compare it with the video - and let a student share without any interruption from other students.
- Try to hear all students' thoughts but if it is not possible at the time, ask them to write their feelings and submit it to you for a later discussion on the same.
- Close the discussion with your understanding of gender biases prevailing at work, home and in society in general.

References:

- https://youtu.be/wJukf4ifuKs
- https://www.youtube.com/watch?v=daaSNSV7WP4

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