KGBV Jalmana Session 2
Problem Solving

Objectives

• To discuss the various challenges of schools and form a consensus on one challenge to work upon
• Give space for girl leaders to emerge during session
• Have Fun

Materials

• Chart Papers (10)
• Sketch pens (40-50)
• Wax crayons (4-5 packets)
• Name tags
• Clip for name tags
• Balls (3)

Steps

Setting the Tone of the Day
Recap/Reflection
Problem Solving
Wrapping up
Feedback
Post Session Reflection
1. Welcoming Everyone to Janmanch. Start with the secret sign they decided in the last session of Janmanch
You can start with small activities involving:
   a. Thought of the day!
   b. Samachar from last week - Getting updates from all the classes - Ask two girls to volunteer from each class and share the updates from last week -
      What they enjoyed the most last week?
      What they have learnt in the past week?
      Anything interesting that happened on the campus?
      Any challenges that they faced in the past week?
   c. A small skit/poem/song can be presented.

2. Please ensure that girls from every class gets this opportunity. Tell the girls that this is practice for what we will start doing every session from next Janmanch. By rule, we will ensure that girls from every class get the opportunity. Decide then and there which girls will be volunteering for the opening of the next session.

3. Tell the objectives of today’s session and get them excited about the session.

4. Revisit community agreements.
Once students are in the zone, ask them to revisit last session and recall the activities that we did in our last session. This can be done through a fun game in the session: The fun reflection game

a. Make 3 circles in the ground, with equal division of girls, have 3 balls with you. One for each circle.
b. Tell the girls that we will play a fun reflection game, which will help us have fun and reflect on what we have learnt in the last session.
c. One of the facilitator/volunteer should stand at the center of each circle and s/he will keep on clapping. Until the clapping happens, the girls have to keep passing the ball to the next person in the circle. Note- To make it fun, you can add the element of faster clapping as faster should be the speed of passing the ball.
d. As soon as the clapping stops, the girl holding on to the ball has to reflect on what they learnt in the last session.
e. The volunteer/facilitator standing in the center can vary the speed accordingly. Do this for 8-10 times. Making sure, that the same person doesn’t get the chance more than once.
f. After this, just ask in the group, whether any girl, would like to add anything to the pointers mentioned till now. Take 3-4 more responses.
g. Once they have done that, ask all the participants to move back to the seating arena.
1. Once everyone is seated, start with a “guided meditation” to get the participants’ attention back to the session. Give the following instructions to the group as the guided visualization process:

a. Sit comfortably. Close your eyes. And the eyes should stay closed till I tell you to open them.
b. Make no effort to control the breath; simply breathe naturally.
c. Focus your attention on the breath and on how the body moves with each inhalation and exhalation.
d. Imagine you are standing and moving out of this room. You get up and move out of the gate of this room.
e. Now, once you are out of this room, you see a big door out in the air. It’s a big wooden door hanging in mid air. You hear a voice saying, “Come with me, I will take you into the wonderland”. You slowly, slowly go near it, open the latch. Once you open it you suddenly enter into a forest.
f. A beautiful forest, with different color trees, plants, shrubs, herbs, etc.
g. You stand there and just observe them. What trees do you see there?
h. You see that the soil is wet and its fragrance is spreading around. Take a moment to smell the fragrance.
i. Now as you move ahead, you see different plants with a lot of flowers. What flowers do you see there?
j. You go one by one by one to smell them. Please take a moment to smell the first... second ... third flower...
k. Now there is a voice which says, “Dear child, you have worked hard this week. You can pick any flower you like from here. Go ahead, dea child”.
l. You go ahead and pick one of your favorite flowers. Which flower did you pick? How does it smell?
m. Now you turn back, and start walking towards to the magic door to come back.

n. Have a look once more to the magical forest before coming out.
o. Now you open the door and slowly comes out in the hall of your school.
p. You walk back in the room. Comes to your place and sit down.
q. Now you are here, you focus on your breath. And slowly you open your eyes.

2. Give everyone a moment to settle in and ask how they feel. Before we move on to the next activity.

3. The session will focus on coming to a consensus on identifying the one problem which we and the school will focus on during the upcoming time. Tell the girls that during initial discussion with the students, some of the activities that emerged are:

a. Functioning Library in the school
b. Gardening in the school
c. Functioning Ground in the school
d. Functioning Science Lab in the School
4. Ask the group if they think that there is something else on the board which they haven’t discussed but should be there. Take their opinions and put the topics on the board if there is anything new. Make sure that the total topics are not more than 6-8 in number.

5. Once the activities are in place, Tell the participants that now we are going to work together to find a consensus on how to do to this activity. For doing that we are going to play a small game.

6. For each problem written on the board, write a number.

7. Ask the girls to look at the options given on the board. Think, in their head, without talking to anyone that what would be the problem they really feel is utmost important for them. Write the number on their hand and don’t show it to anybody.

8. Once they have done that, ask the facilitators/volunteers/teachers, to stand at different corners with a certain set of numbers. All the students who have written different numbers should reach out to different people. The objective of doing this activity is to ensure that the decision of the children are not getting influenced by their peers and it’s their own decision.
9. Once the grouping has been done based on their choices with respect to the problem. Ask the girls to sit in the respective groups. In the first discussion, the group size shouldn’t be more than 5-6 people in number.

10. Once the girls are seated in their respective groups, tell them that now they are going to make a case for the problem they deem important to them. And based on their case we are going to have a vote in the janmanch. Tell them, it’s just like the elections, we have for gram panchayats, Legislative assembly or parliament. Except here, rather than choosing our representative, we are choosing a challenge to work on.

11. Now give them 15 minutes to build their case and write important pointers. Tell them, once their case is built, each team will get 5 minutes to present their case. And audience can ask 3 counter questions. Based on the presentation, the participants will choose an issue to work on.

12. For their discussion and noting down the points, give the participants, these prompts:
   - What is the need for the particular chosen issue?
   - How it will change the school?
   - How it will benefit everyone in the school?
   - Why this particular issue be chosen over other issues?
13. Once they have discussed the session in small groups, and noted their pointers, ask them to combine the groups, so that for every issue there is a single group only. If the group size is too big, (greater than 15), then ask them to split the group into two.

14. Tell them, that they can present it in the form of skits, presentation, dialogues etc. Tell the girls that they can access charts, sketches, pencils to present, if they need any sort of material for their presentation

15. Invite each team for presentation one by one and carefully clock the presentation time

16. While facilitating their presentations, make sure that people listen to what the girls are saying. There is a tendency, that upcoming teams might be focusing on their presentation preparations. To avoid that, you can actually have the presentations submitted from all the groups and then proceed to presentations. You can use community agreements to keep session going smoothly.

17. Keep noting down the important points during the presentation and also keep a timer while girls are presenting their thoughts. You can ask the participants to keep on noting down any questions they have from the girls.
18. Once the girls’ have presented the thoughts, pick any three questions from the audience for the presenters. If no one is taking an initiative, you/teachers can actually ask the questions. The question could focus on their reasoning for choosing one problem over another, the feasibility of idea, making them think on pros and cons of idea. The suggestion is that once all the three questions are posed to the group, the group gets time of 2-3 minutes to come up with the responses to the posed questions. And then they respond to them after that.

Note: Please make sure to praise the presentations by clapping/silent claps etc.

19. Follow the same procedure with other groups too.

20. Once the presentation of all the groups are done, ask all the students to sit in their original seating arrangement without their groups

21. Now after hearing all of the presentations, ask all the individuals to think about which issue do they find really pertinent with respect to school at this moment. We are going to vote for that. Please ensure, that you shouldn’t think from a point of view of making your issue won over others, instead you need to vote for the issue that they think came out as one of the key issues.
22. Make a small ballot Box, in which girls can actually vote. Give them one chit each to vote. Ask them to fold their chit after writing the number of preference for the issue. Get the voting done in secrecy without anyone looking at the responses.

23. While the counting takes place, ask any volunteer to do a small 5 minute activity.

24. Once the counting is done, declare results with some build up and making it fun for the participants. Going from the least to most votes might be a plausible way forward.

25. Once the topic is decided, get the participants excited with these prompts:
   a. Think how we should start this activity.
   b. What are the resources that will be needed to do this activity, including space (how much space, which space) & people?
   c. From where can we acquire these resources?
   d. How much time would it take to finish this activity?
   e. How will we ensure that this activity is done with responsibility?
   f. Ask them to come prepared with thoughts on these particular prompts in next Janmanch.
   g. Also, ask them to make a plan of the same. Apart from this remind the girl volunteers who will be presenting in next Janmanch.
1. With an inspirational song for girls/women.

2. Either you can ask the girls to do that for you or you can actually do an inspirational song.
1. Once the session is over, record feedback from random 5 participants in the session, involving at least one teacher.

2. The feedback is quick and simple.

3. Record the feedback and use it as pointers for reflection with the group too.
   a. What was the session about today? Answer in one line.
   b. What part of the session did you enjoy the most?
   c. What part of the session you did not understand well?
   d. What would you want to change with the session today to make it better?
6 Post Session Reflection

1. Sit in the small group with the teachers to discuss, how the session went! You also put your thoughts in the same discuss on the following prompts and document key pointers:
   a. How do they feel after today’s session? (Note: Give them some emotions as an examples if you think that the group is not responding. For example, satisfied, happy, anxious, energetic, tired, etc.)
   b. Were the objectives fulfilled for the session? Reflect on the objectives and discuss if they were fulfilled or not during the session?
   c. What was the Aha moment during the session? Something that they noticed and went really well.
   d. What could have been done better to make session more interesting keeping objectives intact.
   e. Based on today’s session, what could be the steps for the next session? (Note: One of the key elements to focus on is to come up with a well developed plan for the next session, divide responsibilities and make a timeline as a mechanism to identify girl leaders)

2. Tell the teachers that they will send them the first draft of next week plan, T-4 days before the session. Think and finalize how they can give their feedback on the document and it could be worked upon before the next session. Put the mechanism in place before leaving. Thank all the teachers and students for being part of the session.